

APEX ACTION

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Selfhelp Community Services Is coming to Apex I

2013 marks a critical year in the life of the Kimmel Housing Development Foundation, the two buildings in New Cassel now in operation because of its development efforts, and in the future development possibilities for affordable housing on Long Island. After months of discussion and careful planning, Selfhelp Community Services, Inc., one of the area's largest providers of housing, home care and social services, has partnered with KHDF to assure that the Foundation's mission can be extended beyond the daily involvement of its Founder and Chairman Emeritus Howard Kimmel. (See accompanying story about the special event on October 19, 2013 that will celebrate KHDF's past, present and future).

Selfhelp is bringing to KHDF the involvement of five new Board members who will help to guide the future of the Foundation, as well as



Ron Kisner, Vice President of the Kimmel Board meets with Leo Asen, Chief Innovation Officer at Selfhelp to discuss the new affiliation.

its regional and national leadership in promoting and supporting independent living for seniors. Selfhelp currently serves more than 20,000 New York seniors, and this fall will be moving its Long Island offices to the garden level of Apex I at 498 Union Avenue. This means that two Selfhelp programs

with excellent LIRR, bus and auto connections.



Kimmel Board members and Selfhelp staff discuss the future.

Long Island Community Foundation Grant Supports KHDF/Selfhelp Alliance to bring Virtual Senior Center Program to Long Island

The Kimmel Foundation has received a grant from the Long Island Community Foundation which will allow us to work with the staff of Selfhelp's nationally recognized Virtual Senior Center in order to bring this innovative program to Long Island.

The award came under the Long Island Community Foundation's program supporting the efforts of non-profits as they merge or collaborate to share services.

Selfhelp has built upon it's more than 76 years of experience in both housing

and services to seniors to support independent living as it has pioneered the development of a new application of computer technology -- the Virtual Senior Center (VSC).

(continued on page 2)

“While we were without power they provided us with hot meals, coffee and cake, and a place to get together to stay warm and for companionship”

APEX I: A comforting “Port in the Storm”

Although Super Storm Sandy is months behind us, many Long Islanders are still in distress and will feel the impact of the storm for years to come. Thankfully, this is not true for the tenants in our Apex residences.

When power lines went down in our New Cassell neighborhood, the backup generator in Apex I restored power to the elevator and common areas almost immediately. The Superintendent couple, Martha and Wilfredo Amaya were able to check that all residents were safe and quickly provided reassurance and support. By the morning after Sandy's full impact, a coffee urn was set up on the main floor of Apex I and a large screen tv was providing news and entertainment. The first floor lobby became the building's living room until power was restored to individual apartments three days later.

Wilfredo also made sure that Apex served as a good neighbor to those in the surrounding homes who remained out of power. He ran an extension cord and power strip to an outside area where neighbors could recharge their cell phones or laptops. After the storm, one of our charter residents, Paris Hubbard, let Howard Kimmel know just how much it meant to her to have the security and support provided by Wilfredo, Martha and her fellow residents.

Paris Hubbard
Apex I
498 Union Ave.
Westbury, NY 11590

January 7, 2013

Mr. and Mrs. Howard Kimmel
KHDF
237 Schenck Ave.
Great Neck, NY 11021

Dear Mr. and Mrs. Kimmel:

I want you to know that I am so happy to be living at Apex I for 11 years, since the building opened.

This was proved to me again after Hurricane Sandy in 2012. The superintendent and his wife, Wilfredo and Martha Amaya, could not have done more for the tenants. While we were without power, they provided us with hot meals, coffee and cake and a place to get together to stay warm and for companionship.

Wilfredo and Martha are always available, and are so kind and caring for us. They could not provide us with better services.

I also want you to know that I am so glad you built this building at this location. It is so convenient for everything.

Happy New Year.

Regards,

Paris Hubbard
Paris Hubbard



Paris Hubbard (center) with Wilfredo and Martha Amaya

VIRTUAL SENIOR CENTER GRANT AWARD

(continued from page one)



The VSC program provides an all-in-one device to a homebound elder's home, so that the senior can participate in interactive video-based classes and other face-to-face programs such as Skype, and access the resources of the world-wide web. Programs range from current events, armchair yoga, an online movie review club, music participation, online grocery shopping and curated discussions with Museums

via Selfhelp's unique interface. The VSC enables participants to rebuild their social network, re-engaging with family and community to reduce loneliness and increase wellbeing..

Selfhelp's program began with support from Microsoft, DFTA and UJA-Federation of New York, Harriet and Robert H. Heilbrunn Fund, and Dorothy Coleman. Recent grants from the CEA Foundation, Harry and Jeanette Weinberg Foundation and AARP Foundation are

enabling Selfhelp to extend the program in New York and to three more sites nationally.

Using the Long Island Community Fund grant, KHDF staffers will begin the process of identifying programs specific to the needs and interests of Long Island seniors, working with existing senior centers and service providers to find the first participants for a new Long Island program using Selfhelp's innovative VSC program.

October 19 Gala to Honor Kimmel Board, Advisors & Staff

Nineteen years ago Howard and Sylvia Kimmel, together with Howard's sister Gladys and her husband Willie Hymanson, and his brother Fred with his wife Harriet, established the Anna and Philip Kimmel Foundation to advance the cause and increase the supply of affordable housing on Long Island. On Saturday October 19, 2013, (which happens to be Howard's 88th birthday), housing advocates, government officials, religious leaders and concerned citizens will gather to celebrate the accomplishments of what is now the Kimmel Housing Development Foundation, and to support its continuing mission of "housing for all the people." The gala cocktail reception will be held at Temple Emanuel in Great Neck, the physical and spiritual birthplace of the Foundation, 6:00 to 9:00 pm.

These two decades of unceasing effort by Howard and the impressive cadre of citizen volunteers he has enlisted in his cause have produced two landmark buildings located at the geographic center of Nassau County. On Union Avenue at the border between the Village of Westbury and the hamlet of New Cassel, Apex I for seniors, and Apex II for working families, are distinctive for their design quality, outstanding management, and the incorporation of an innovative shared housing model. A small percentage of two or three bedroom units in both buildings are designed for unrelated persons to share. With careful design and professional social service support, these units provide maximum affordability and the possibility of support and companionship which can extend independent living with dignity and comfort for seniors.

It was the Foundation's track record in developing



these residences and its compatible mission of independent living and enhanced quality of life, that formed the basis of the Kimmel Foundation's affiliation with Selfhelp Community Services Inc in 2013.

The Gala will not only recognize the history and accomplishments of the past two decades, but look to the future and the possibilities opened up by this new partnership. Selfhelp is a recognized nonprofit leader dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care and social services, and in applying new methods and technologies to address the changing needs of its communities. Selfhelp has established its Long Island presence in new offices on the garden level of Apex I, providing home health aide training, and services to its historic constituency, victims of Nazi persecution.

The honorees who have

worked with and advised the Kimmel Foundation since its beginnings represent a breadth of religious, political, professional and community leadership that we proudly believe is unparalleled for a development organization of our size. It is a testament not only to Howard's leadership, but to the personal dedication of these individuals to improving their own communities and the lives of individuals and families in need that they have chosen to give so generously of their "time, talent and treasure" to this cause.

In addition to more than forty persons who have served as board members, staff or advisors, special posthumous recognition will go to ten individuals who made essential contributions to making Apex I and Apex II a reality: co-founders of the Foundation Fred and Harriet Kimmel and Willie Hymanson, architect Lloyd Goldfarb, former Town Supervisor and Kimmel Board member May Newburger, board members

Honorees

Howard Kimmel
Sylvia Kimmel
Gladys Kimmel Hymanson

Steven Boughner
Steven Bosch
Patricia Bourne
Geoff Cannon
Rose Davis
Mike Dinh
Anthony D'Urso
Robert Eschbacher
Mark Geiselman
Jeri Golus
Alan Gordon
Rick Hayden
Myron Holtz
Saul Katz
Stuart Kaplan
Ellen Kelly
Lawrence Kimmel
Ronald Kisner
Jeffrey Levine
Thomas Levin
Lawrence Levy
Philip Mikulas
Robert Marks
Judith Orenstein
Vincent Pancaldo
Alan Pollack
Rev. Brendan Riordan
Ronald Roel
Alan Rothenberg
Lois Schaffer
David Schiff
Philip Schorr
Mark Schleimer
Abe Seldin
Sheryl Silverstein
Edward Simmons
Steven Tepper
Roberta Treacy
Rev. Charley Vogeley
Rabbi Robert Widom
Stanley Wilczewski
Evelyn Wolff
Michael Zarin
Mort Zimmerman

Posthumous Honorees

Willie Hymanson
Fred Kimmel
Harriet Kimmel

Rev. Henry Benack
Lloyd Goldfarb
James Hartnett
Bill Klatsky
Rev. John Mulryan
May Newburger
Evelyn Weinstein

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Housing for all of the People

Come to the Party!

(see article on page three)

*"A Celebration of
Housing for all the People"*

Saturday

October 19, 2013

6:00—9:00 p.m.

**Temple Emanuel
Great Neck**

Please join us at this Gala for a joyful celebration of the Kimmel Foundation's work since its creation in 1994. The evening will also celebrate the Foundation's new affiliation with Selfhelp Community Services, one of the region's largest providers of housing, home care and social services for seniors, as well as Howard's assumption of the title Founder and Chairman Emeritus of the Kimmel Foundation.

For information on e-journal ads, tickets and sponsorships, contact Eileen Harrigan at 516-922-5622

HOWARD KIMMEL ADDRESSES VETERAN'S HOUSING MEETING

Although Howard has stepped back from his daily role in the Foundation's operations, his expertise in and knowledge of affordable housing on Long Island was clearly evident in his being sought out by Congressman Steve Israel to speak at a "Veteran's Housing Summit" held at the Merchant Marine Academy in Great Neck on August 23, 2013.

Congressman Israel has long been an ardent supporter of affordable housing for veterans and all underserved populations on Long Island. He shares with Howard a passion to bring "housing to all the people."

The Congressman was delighted when Howard agreed to speak before an invited group of VFW and American legion Commanders and other veterans living in the 3rd Congressional District, as well as other non-profit organizations dedicated to the veteran's housing issue on Long Island.



KHDF Board members Ron Kisner and Ron Roel with Howard and Congressman Israel

Howard stressed the importance of providing a range of housing choices, including the possibility of shared housing within the traditional footprint of the single family home.

The Kimmel Foundation has advanced this concept with a practical design allowing four veterans to occupy a "shared living residence," which, Howard stressed, is not "a group home, rooming house, boarding house or any other kind of identified group living facility. Rather, such a residence would be in

conformance with Town, County and State codes, and would allow those who live there to share the costs of utilities, taxes, maintenance and management which, as a single householder they could not afford alone.

Apex I and Apex II have provided affordable rental housing to a number of veterans as well, and suburban scale multi-unit buildings of this type represent another important component of an overall strategy to address a national need and, Howard argued, a national obligation.